

Summer Activities Year 11 into 12

Welcome to the SomersetWorks Summer Programme!!!! After a really tough year we want to give all those leaving Year 11 the opportunity to take part in some fun, interesting, supportive and informative activities which are all free to sign up to and taking place across the Summer of 2021. Some of the activities are virtual so can be undertaken at any time and some are events and activities that will take place in different locations across Somerset in June, July, and August.

There is an online presence, The Summer Programme Fair and this has been put into FOUR zones to make it easier to navigate and see what is on offer:

1. **Get A Head Start Curriculum** – sign up for an introduction to your Year 12 programme from your College or Sixth Form
2. **Get Ahead Support, Resilience and Aspiration** – sign up for opportunities that can help you prepare for the next steps in your exciting journey
3. **Get Out There** – sign up for a wide range of REAL-LIFE activities at a time and place to suit you!
4. **Get an Experience of Work** – sign up for Work Experience insights – both virtual and in real-time, to find about the many different and varied employment sectors, jobs and careers in Somerset and beyond. These will all be through the online platform and available across the summer.

The Website will be live until the end of August with opportunities advertised as they become available. For example, with the **Army** and with **NCS**.

We will be working with and promoting the NCS programmes that will be running across the county and there will be information on our platform about what is on offer.

SOMERSETworks is working with the colleges and providers across Somerset

- ✓ Yeovil College
- ✓ Weston College
- ✓ Bridgwater and Taunton College
- ✓ Richard Huish College
- ✓ Strode College
- ✓ Somerset Skills and Learning

We are planning for all to offer tailored activities to engage students both virtually and in person and in conjunction with SomersetWorks they will be offering face to face college-based activities and transition work over the summer. This will include for example activity weeks and days based on subject areas and on particular programmes.

SOMERSETworks Hubs

Young people can visit us at one of our SomersetWorks HUBs. They are open once a week where they can meet with us and our partners to plan their next steps and give the help needed after the end of Year 11. They will be open across the county on a drop in or booking basis where young people can meet staff each week to access help and support with applications and transition into year 12.

The HUBs are in Somerset Skills and Learning centres and are open from 10.00 am to 1.00 pm.

MONDAY Minehead and Williton TUESDAY - Bridgwater | WEDNESDAY – Frome THURSDAY - Taunton | FRIDAY - Yeovil

SOMERSETworks @Level 3

A Level and T Level Conference days

One for each district in Somerset with input from colleges and providers including **NSSW Made sessions** to prepare young people for L3 courses and beyond that into Higher Education, this will include Study Skills and wellbeing content, there is no cost it is aimed at ALL A level learners whatever their destination and includes lunch and refreshments.

These will be based in venues across the county to give a conference experience to all those who attend and prepare in an exciting way for their journey onto A levels and the new option of T Levels. We will work with the schools and colleges to ensure that as many as possible will be able to attend.

Week commencing 21st June

Level 3 Activity days

Alongside the above there will be Large group days at Kilve Court and Charterhouse and **all** those enrolled on Level 3 programmes can apply. This will include a half day (with large meeting room and 2 further breakout spaces) for 100 young people. 50 will do outdoor activities in the morning (IN 4 GROUPS) and 50 in the afternoon, and the other half of the day sessions delivered through Somerset Works based around Wellbeing and being ready to study with input from providers including Higher Education. Suggested outdoor activities: climbing and low ropes/team building. Includes lunch. Numbers will be more limited for these days and they will include an element of physical activity that gets the participants working with their peers who they will be studying with from September.

22nd and 23rd July Charterhouse

26th and 27th July Kilve

There will also be a range of activities available to book by young people whatever level or destination which can be done directly through the website platform and also available where appropriate through local arrangements to meet specific need. This could be based on learners identified through the transition panels and by the college through the interview process and this could be part of the agreed induction process.



There will be a range of activities available through the website that young people can sign up to with Young Somerset with some being one off sessions and others programmes that run across the summer, delivered at Charterhouse or Kilve or at their Edington main office site

These will include

Hair dressing and beauty - tailored to small groups of young people looking to improve confidence and skills. Could be combined with Youthwork/team building activities.

Horse Care - tailored to small groups of young people looking to improve confidence and skills. Could be combined with other outdoor activities or Youthwork/team building activities.

Kayaking or Slacklining tailored to small groups of young people looking to improve confidence and skills.

Conservation and Bushcraft – fire lighting, habitat management, forest school and survival skills, dry stone walling, outdoor cooking etc.

Mechanics and Light Engineering. Options include car, moped, and bike maintenance and familiarisation, light engineering projects (e.g. soap box car conversion and construction).

Rock and Rock Band Sessions. Get some basic music and instrument playing instructions. Turn the amps up to 11 and rock out

Music Performance & Production. (includes event management, touring, livestreaming, recording, performance, promotion, and professional approach)

Young Somerset and SSE will be working together on each day at Kilve and Charterhouse to offer a range of activities some of which are outlined above, the aim is to gain and develop

- Self-belief
- Self-confidence
- A sense of identity
- A sense of responsibility
- New talents and abilities
- Plan and use time effectively
- The ability to learn from and give back to others
- Problem solving, presentation & communication skills
- Leadership, initiative, and team working skills



Kilve and Charterhouse *Day provision – groups:*

From Wed 21st July - Friday 27th August – every day (5.5 weeks -28 days of provision. Up to 12* young people doing a half-day session, and then swapping at noon with Young Somerset. 24 young people per day

Activity days at the centres running from the 19

- Work with others, whilst developing your resilience through a variety of outdoor challenges.
- Develop relationships with adults and young people as the world emerges from lockdown!

Physical Activity - Example

Climbing: Working together, we will tackle our climbing wall on site

Biking: Mountain biking around challenges in this corner of the Mendips,

Exploration: A morning learning map skills and compass challenges

H2O: The group will need to make their own raft and navigate across a lake,

Survival: Building a shelter, and fire, with a focus on developing your skills of survival,

High ropes: An opportunity for people to undertake one of our high ropes challenges

Archery: Hone your archery skills

Hill walking: Mendip Hills challenge, developing skills in the hills and navigation skill

Teambuilding: challenging activities to improve your confidence in your team

Leap of Faith: Can you take the leap of faith from our highest climbing activity

Rifles: How many targets can you hit in our riffle range

These can be one off days booked through the website or targeted days developed in consultation with the schools and colleges to ensure the best possible uptake for vulnerable or disadvantaged young people. The aim is to build confidence as Year 12 destinations approach. Young Somerset and SSE will share delivery on each day with a range of activities and 24 places per day. Young people can book for one or several!

There will also be days that can be booked for a school or college and some schools have already requested a day or days for a targeted group across the summer

These will run throughout the summer holidays and transport can be provided

RSPCA Animal Welfare

Our programme aims to raise awareness about the 5-animal welfare needs whilst also enabling young people to develop their skills and experience related to animal care within a safe, supportive, and FUN environment. The programme is suitable for any young person that would welcome the opportunity to develop their self-confidence by making new friends and developing new knowledge and skills.

Combination of 1 off taster days and 6-week programmes.

June 2021:

- 5x 1-day taster days @ Art at Egwood with a guest session delivered by RSPCA West Hatch.
- 10.30-2pm
- Friday - 4th, 11th, 18th, and 25th June

July/August 2021:

- 2 x 6-week programmes (July/Early August) hosted by ARK at Egwood and jointly delivered (50/50) by RSPCA West Hatch.
- 10.30am - 2.30pm

Programme 1 dates: every Thursday starting 1st, 8th, 15th, 22nd, 29th July and 5th August

Programme 2 dates: every Friday starting 2nd, 9th, 16th, 23rd, 30th July and 6th August

A desire to go on to a career with animals is NOT a requirement. However, enjoying being outdoors and a willingness to learn more about animals is advantageous!



Acts of Random Kindness (ARK), is a land-based day facility at Egwood, near the village of Merriott in South Somerset. On 12 acres of land, it comprises animals, horticulture and communal buildings and offers a range of activities, experiences, and support services to improve health, wellbeing, and opportunities for all.

The approach is one that will build the ethos of community, through integrated intergenerational work

The objective is to provide individuals with a meaningful and worthwhile experience, whilst gaining skills, knowledge, and confidence, to live life to their full potential, by enabling participation and inclusion

SOMERSETworks

Will be partnering with Ark to enable young people to access their provision across the summer and provide support for transition into year 12 using all the facilities available across the site.



HITZ is Premiership Rugby's award-winning education and employability programme which works with over 2,000 14-18-year-olds across England every year.

HITZ uses rugby's core values of teamwork, respect, enjoyment, discipline & sportsmanship to support young people to make positive changes in their lives.



Bristol Bears will be launching Hitz Programme in Taunton this September in collaboration with 

[Bristol Bears Hitz Programme \(wearescl.co.uk\)](http://wearescl.co.uk)

Use the apply button and it gives the option for HITZ Hub 2.

They will be running activity and trial days across the summer to introduce the programme and work with young people for whom this could be a positive option.

HITZ helps participants to change their lives through gaining qualifications and developing their personal skills, life skills & employability skills to support that young person into further education, training, or employment

Every student will be working towards a Sport & Active leisure Level 1 or an Employability Level 2 qualification. Students also work towards Maths & English functional skills or GCSE qualifications.

Students are will also complete work experience and equally as important the enrichment and tutor discussions allow students to develop areas such as resilience, timekeeping, health & wellbeing, sleep hygiene, effective communication & healthy relationships.

IMPACT AND OUTCOMES

Over 70% of participants go on to achieve a positive progression into further education, training, or employment, and 80% report an improvement in personal, social, or physical wellbeing.

PROGRAMME STRUCTURE

HITZ Learning Academy - The programme runs from September to July with two enrolment opportunities (September & January). The student's timetable will consist of their main aim (Employability or Sport & Active Leisure), Maths & English, enrichment, tutor discussions & work experience.

TESTIMONIALS

"The employability course has helped me to get a clear career path, which makes me feel confident about my future. I have also had the chance to work at Ashton Gate Stadium which has helped me to be more organised and into a routine. As well as working in the stadium I was given the chance to complete in a master chef challenge which I won! During the course I have developed my CV and learnt tips on applying for jobs which has helped me to gain some weekend work. Overall, the course has helped me to do more things that I wanted to do before but was unable to do due to my confidence and lack of opportunities." *Former HITZ student – Harry*



Apprenticeships and Traineeships



Weston College

Weekly Traineeships overview/advice telephone calls with a member of the Traineeship team. Booking system will be put in place to manage calls and enable learners to call at a time to suit.

Apprenticeship and Traineeship taster day – each of one day duration in July and in August 2021 subject to demand. Can facilitate up to 12 learners per session.

New traineeship offers Summer 2021

Also, there will be a traineeship starting on the 28th June after Year 11 have left based in Bridgwater and online with blended learning. This will include as [part of the face to face delivery the opportunity to take the CITB CSCS card and then undertake relevant practical work experience which could lead to an apprenticeship / employment

Year 11 Youth Groups over the summer

Youth Unlimited and SomersetWorks propose to provide 4 x days per week of activities for school leavers. One day in each area of Bridgwater, Highbridge, Taunton and Street. Proposed to run from 11am to 3pm.

What the...? After all the joy, relief, and celebration of finishing school, for many people there is a short time when life seems to slow down and can feel quite stale. Some people miss the social aspect of school or even the structure of doing something. Some feel unsure about where they're going, and some are anxious about "what's next". Youth Unlimited are keen to provide a space for school leavers, an informal programme of engaging activities to help manage some of these concerns and provide support guidance and some well needed fun. Life Skills cover a wide range of subjects and issues designed to stimulate challenging group discussions on personal and social issues they will also cover more practical skills such as money & budgeting, Cooking (food hygiene), Looking after ourselves, Diet, Future planning.

Grub's Up! Food will be included and will also form a key focus of the day with participants sometimes needing to decide on what to eat as a group. They will need to purchase ingredients, prepare, cook, serve, eat and clear up. Demonstrating fairness and consideration for others needs

Get Me Out of Here! The group will be given new experiences, to undertake off site visits to the Somerset Coast and to local areas of outstanding natural beauty where they will participate in other challenges.

Celebration! An End Activity. To mark the end of the programme the group will have the opportunity to decide how to mark the occasion.

Participants will receive a certificate of attendance highlighting their achievement and dedication to the programme. We are also keen to offer useful, achievable, formal learning opportunities. Something useful to do in their own time or during sessions that provide accredited certificates and look great to employers. For example: Food Hygiene or Basic First Aid.

A key element of the programme will be flexibility to respond to the group needs and encourage participants input and this can include visits to colleges or businesses. Participants may be offered opportunities to help with community events that Youth Unlimited and partner agencies are involved with.

There will also be groups run by other organisations linked to the needs of local communities in conjunction with schools.

Yeovil Gateway - Youth over the summer holidays to support a range of vulnerable learners identified by transition panel and the schools this could include a separate group with an offer of media and video production

Minehead Eye – Youth group across the summer for those most at risk alongside volunteering opportunities at the centre supporting programmes over the summer

REACH- They will be targeting vulnerable Year 11 students who have previously been placed with them and are known to them. This includes some students who have or have had safeguarding and exploitation issues and remain at risk of this during the summer. They can offer face to face sessions both one to one and in small group settings (up to 3) for the duration of the 3 months period (June onwards), then during the summer term and summer holidays and into September to offer continuity of support and to help transition into any new placement. This can include visits to work placements / college etc, also life skills and activities to ensure engagement / motivation / support and safety. This would be based on the existing strong relationships they have and would also enable any multi agency working to continue for any student who requires it.

Youth Walking and Talking Groups



TAUNTON BRIDGWATER
YEOVIL MINEHEAD LANGPORT
CHARD BRIDPORT FROME

To join us complete a referral
form via our website or email:
youth.matters@mindinsomerset.org.uk

For Ages 11 up to 18
Years our walking and
talking groups are a
relaxed way for young
people to meet up
socially (distanced) and
to support each other.

For more information:
www.mindinsomerset.org.uk/our-services/young-people/
Email: Youth.Matters@mindinsomerset.org.uk
Registered charity no. 1109526

